

# **Registration Form**



## Supervised Roped Climbing & Bouldering

**Participation Statement** 

"The British Mountaineering Council recognises that climbing and mountaineering are activities with a danger of personal injury or death. Participants in these activities should be aware of and accept these risks and be responsible for the own actions and involvement"

Personal Details (p	olease complet	te in <b>BLOCK C</b>	APITALS)							
Title:	First Nam			Surname	rname:					
Address:					Mobile Tel:					
Postcode:		Home Tel:								
Date of birth:		Email:								
Details of any m	nedical/healtl	n conditions	which may affect	t part	icipation or	allergi	es:			
Emergency contact name:					Emergency contact number:					
you must answe declaration at the Are you over 18 Have you read a	read the ' <b>Rop</b> er the following the bottom of greats of age	ng question the form. ?	g and Bouldering s by writing eithe ping and Boulderi	r <b>'YE</b> S	<b>6'</b> or <b>'NO'</b> in	the bo	x provided then	_	-	
centre?  *Can you put on a climbing harness correctly?										
*Can you attach a rope to your harness using a suitable a figure of 8?  *Can you use a belay device to secure a falling climber and lower a climber from the wall?										
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		-	ler the bouldering	-	s cannot re	move tl	he risk of			
			cause series injure application of Co	-	ions of Uso	or the r	rulos 2			
			of Use and Rules							
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Declaration of fitness					I certify that to the best of my knowledge, I do not suffer from a medical condition which might have the effect of making it more likely that I be involved in an accident which could result in injury to myself or others.					
Declaration of fact					I also confirm that the above information is correct and if any information changes I will notify the Oxley Sports Centre.					
Signature:				Date:						
OFFICE USE:										
Questions ask	ked?		Customer had	ner had induction? Staff name:						
BMC No:			Induction form	tion form attached? Signature:						

#### Disclaimer and indemnity

The climbing centre is operated by Sherborne Sports and Leisure Limited, which is referred to in these Conditions of Use as "we" and "us" We shall not be responsible for, and you shall indemnify us against, all claims and all direct, indirect and consequential liabilities (including loss of profits, loss of business, loss of reputation and all interest, penalties and similar losses), costs, proceedings, damages and expenses (including legal and other professional fees and expenses) suffered or incurred by us arising out of or in connection with:

(a) any breach by you of these Conditions of Use: and:

(b) any claim made against us in respect of any liability, loss, damage, injury (to you or other climbers), cost or expense sustained by you. We will not accept any responsibility or liability for any loss of, or damage to, any property in relation to the use of the climbing centre and the surrounding parking areas. Personal possessions and property used at, or left at, the climbing centre is entirely at your own risk. Nothing in these Conditions of Use excludes or limits our liability for personal injury or death caused by our negligence.

# **Climbing Medical Form**



Climbing and mountaineering are activities with a danger of serious injury or death. Participants in these activities should be aware of and accept these risks and be responsible for their own action and involvement. You are signing below to accept the risk and no responsibility can be taken by Oxley Sports Centre for any injuries sustained during the session. Full Name: Date of birth: **Emergency Contact Details** Full Name: Full Name: Address: Telephone number: Telephone number: Do you, or have you ever suffered from any of the following medical conditions or have any disabilities? **Epilepsy:** Fainting: Please provide details of any disabilities we need to be Yes No Yes No aware of: Asthma: **Diabetes:** Yes No Yes No Please provide details of any medication you are taking or any allergies: Does your child have a EHC plan in place? If yes, please provide details: Signed\*:

Date:

<sup>\*</sup>requires signature of parent/guardian for any person under 18 years of age

#### Roped Climbing & Bouldering Conditions of Oxley Sports Centre Climbing Wall

**Risks** – "The British Mountaineering Council recognises that climbing and mountaineering are activities with a danger of personal injury or death. Participants in these activities should be aware of and accept these risks and be responsible for their own actions"

Although Oxley Sports Centre climbing and bouldering wall is an artificial environment the risks involved are **no less serious than when climbing outside** on a crag or mountain. There is an additional risk that bolt-on holds can spin or break. The soft flooring under the bouldering walls is designed to provide a more comfortable landing for climbers falling or jumping from the bouldering wall. **The soft flooring does not make the climber any safer. Broken and sprained limbs are common on this type of climbing wall despite the soft landing. Uncontrolled falls are likely to result in injuries to yourself or others.** Climbing beyond your capabilities on any wall is likely to result in a fall. Any fall may result in an injury despite the safety system in place to avoid it. You must make your own assessment of the risks whenever you climb.

#### Our Duty of Care

The rules of Oxley Sports Centre climbing wall set out below are not intended to limit your enjoyment of the facilities. They are part of the duty of care that we, as operators, owe to you, the customer, by law. As such they are not negotiable and if you are not prepared to abide by them then the staff must politely ask you to leave.

#### **Your Duty of Care**

You also have a duty of care to act responsibly towards the other users of the centre. Statements of good practice are posted around the centre adjacent to the relevant facilities. These describe the accepted methods of use and how customers are expected to behave towards each other.

#### Unsupervised climbing is just that!

Staff will provide whatever help and advice they can, but if you are not confident in the use of any climbing equipment or technique then do not use it without the supervision of someone who is qualified and competent to do so.

#### **Unsupervised Roped Climbing**

Before you climb without supervision, we would expect you to be competent in the use of a climbing harness, a figure of 8 knot to attach a rope to the harness and a belay device to secure a falling climber or lower a climber from the wall. You are required to register to say that you know how to use the equipment, that you are prepared to abide by Oxley Sports Centre rules and that you understand the risks involved in your participation. Anyone who has not registered is classed as a novice and must not undertake roped climbing without supervision.

#### Children

All children in the centre must be in the sight of the supervising adult at all times unless they have been assessed by the instructors and registered for unsupervised climbing. Helmets are to be worn if children are under the age of 18 who are lead climbing. Under the supervision of an adult not directly employed by Oxley Sports Centre then it is at the child's parent/guardians discretion. Children under the age of 14 must not belay any adult.

#### Rules

#### **General Safety**

- Report to reception on each visit before you climb.
- Warm up and warm down to reduce the risk of injury.
- Report any problems with the walls, equipment or other climbers behaviour to a member of staff.
- Be aware of other climbers around you and how your actions will affect them.
- Do not distract people while they are climbing & Belaying or tying in.
- If not climbing immediately leave on the green hard floor

   stay out of the fall zone.
- Never stand directly under someone who is climbing unless you are spotting a climber.
- Only climb on the climbing surfaces; not on support structures or parts of the building.
- Do not run in the centre.
- Using the ledge/box for practising outdoor set ups is not permitted.

#### Bouldering

- Never climb directly above or below another climber.
- No harnesses or chalk bags must be worn.
- A minimum of two people must be present at all times when using the bouldering wall.
- Boulders must wear normal climbing footwear and clothing.

### Leading

- When lead climbing you may supply your own appropriately rated dynamic rope or use the centre's top ropes for lead climbing.
- Running belay attachments are already provided at intervals on the walls. You must clip all the runners on the route you are climbing.

#### When Belaying

- Always use a belay device attached to your safety harness with a locking karabiner.
- Always pay attention to what the climber is doing.
- Always stand as close to the climbing wall as is practical.

### When Climbing

- The walls are designed to be climbed using a rope for protection. Unroped climbing is not acceptable on our walls.
- Always use a safety harness to attach yourself to the rope.
- Always tie the rope directly into the harness using a suitable climbing knot.