

January 2026 Pool Timetable

Pool Timetable																
Monday 5th January - Sunday 15th February																
	06:00	07:00	08:00	09:00	10:00	11:00	12:00	13:00	14:00	15:00	16:00	17:00	18:00	19:00	20:00	21:00
Monday	YDSC	Members Lanes	Public	Aqua	External School	SG	Members Lanes	Public	Members	Public	Swim School		Public Lanes	YDSC		Masters
Tuesday	Members Lanes	SG	Public	Aqua	Members	50+	Members Lanes	Public	Members	SG	Public	Swim School	Public	Aqua	Members	Closed
Wednesday	YDSC	Members Lanes	Public	Aqua	Members	50+	Members Lanes	Public	External School	Members	Public	Swim School	Public Lanes	YDSC		Closed
Thursday	Members Lanes	SG	Public	Aqua	Well Being	50+	Members Lanes	External School	Members	SG	Public	Swim School	Public	Members	Vessex Wizards	Closed
Friday	YDSC	Members Lanes	Public	SG	Aqua	SG	Adult Lessons	Public	External School	Members	Public	Swim School	Public Lanes	YDSC		Closed
Saturday	Closed	Members	Swim School			Family/ Parties	Members	Public/ Parties	Family	Public	Members	Closed				
Sunday	Closed	Members	YDSC			Family/ Parties	Members	Public/ Parties	Family	Public	Members	Closed				
Notes	Young Swimmers - Please note that under eights must be accompanied and supervised in the water by a responsible adult aged 16 or over. Our ratio is one to one for under 5's and one to two for 5-7 years.															
	The pool will be cleared 1 minute before each session is due to end. Public sessions will have two lanes in at all times. Members sessions will have a slow, medium and fast lane. Lane sessions will have 4 lanes in and large slow lane.															
	The pool will be closed 12:00-17:00 on Saturday 10th January and 10:30-13:00 on Saturday 24th January to due external bookings.															